

## **CERTIFIED FITNESS INSTRUCTOR (S)**

**Mills Community Support is looking for Certified Fitness Instructors on a private contract basis for our Health and Wellness Programs.**

**We offer a range of exercise programs including Strength and Balance, Falls Prevention, Zumba and Get Fit with Drums.**

**As we expand our Health and Wellness Programs we are looking for additional instructors and/or back up instructors for programs being offered in Almonte, Carleton Place, Pakenham and Clayton.**

**Programs run on a 12 week rotation or all year on a weekly basis at various locations. Classes are offered during the day or in the evenings.**

**Requirements:**

- **Fitness Instructor certificate for a particular program**
- **First Aid/CPR/AED training**
- **Other fitness training certificates are an asset**

**Hourly reimbursement is dependent on qualifications and experience. Please send your resume along with three references (phone numbers and email info) to Jan Watson at either [jwatson@themills.on.ca](mailto:jwatson@themills.on.ca) or by mail to 67 Industrial Drive, Almonte, Ontario K0A 1A0 Attention: Jan Watson.**

**Only those applicants selected for an interview will be contacted.**